

## Coffee



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Moisture Content	(%)	0.84	0.109
2	Fat Content	(%)	0.18	0.023
3	Saturated Fat	(%)	0.13	0.017
4	Polyunsaturated Fat	(%)	0.05	0.006
5	Monounsaturated Fat	(%)	Nil	Nil
6	Energy Value	(K.Cal)	528.8	68.7
7	Protein Content	(%)	7.52	0.98
8	Carbohydrate Content	(%)	46.6	6.06
9	Sucrose Content	(%)	7.96	1.03
10	Caffine	(%)	2.88	0.37

## Premium Coffee



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Moisture Content	(%)	0.80	0.104
2	Fat Content	(%)	0.16	0.021
3	Saturated Fat	(%)	0.12	0.016
4	Polyunsaturated Fat	(%)	0.04	0.005
5	Monounsaturated Fat	(%)	Nil	Nil
6	Energy Value	(K.Cal)	532.4	69.2
7	Protein Content	(%)	7.84	1.02
8	Carbohydrate Content	(%)	48.2	6.27
9	Sucrose Content	(%)	8.12	1.06
10	Caffine	(%)	2.54	0.33

## Coffee (Low Sugar)



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Moisture Content	(%)	0.62	0.08
2	Fat Content	(%)	0.13	0.017
3	Saturated Fat	(%)	0.10	0.013
4	Polyunsaturated Fat	(%)	0.03	0.004
5	Monounsaturated Fat	(%)	Nil	Nil
6	Energy Value	(K.Cal)	542.8	70.6
7	Protein Content	(%)	7.62	0.99
8	Carbohydrate Content	(%)	47.4	6.16
9	Sucrose Content	(%)	1.22	0.16
10	Caffine	(%)	2.72	0.36

## Coffee Economy



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Moisture Content	(%)	0.68	0.088
2	Fat Content	(%)	0.14	0.018
3	Saturated Fat	(%)	0.11	0.014
4	Polyunsaturated Fat	(%)	0.03	0.004
5	Monounsaturated Fat	(%)	Nil	Nil
6	Energy Value	(K.Cal)	520.8	67.7
7	Protein Content	(%)	7.48	0.98
8	Carbohydrate Content	(%)	46.4	6.03
9	Sucrose Content	(%)	7.78	1.01
10	Caffine	(%)	2.18	0.30

## Coffee Chocolate



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Moisture Content	(%)	0.62	0.08
2	Fat Content	(%)	0.13	0.017
3	Saturated Fat	(%)	0.10	0.013
4	Polyunsaturated Fat	(%)	0.03	0.004
5	Monounsaturated Fat	(%)	Nil	Nil
6	Energy Value	(K.Cal)	542.8	70.6
7	Protein Content	(%)	7.62	0.99
8	Carbohydrate Content	(%)	47.4	6.16
9	Sucrose Content	(%)	1.22	0.16
10	Caffine	(%)	2.72	0.36

## Plain Tea



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Moisture Content	(%)	0.56	0.072
2	Fat Content	(%)	0.17	0.022
3	Saturated Content	(%)	0.144	0.019
4	Trans Fat	(%)	Traces	Nil
5	Cholesterol	(mg)	36	4.7
6	Sodium	(mg)	18.6	2.42
7	Protein Content	(%)	7.62	0.99
8	Carbohydrate Content	(%)	45.9	5.97
9	Sucrose Content	(%)	8.40	1.09

## Cardmom Tea



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Moisture Content	(%)	0.72	0.094
2	Fat Content	(%)	0.15	0.0195
3	Saturated Fat	(%)	0.12	0.016
4	Trans Fat	(%)	Traces	Nil
5	Cholesterol	(mg)	42	5.5
6	Sodium	(mg)	18	2.3
7	Protein Content	(%)	7.68	1.00
8	Carbohydrate Content	(%)	47.2	6.14
9	Sucrose Content	(%)	8.26	1.07

## Cardmom Tea (Low Sugar)



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Moisture Content	(%)	0.74	0.096
2	Fat Content	(%)	0.14	0.018
3	Saturated Fat	(%)	0.10	0.013
4	Trans Fat	(%)	Traces	Nil
5	Cholesterol	(mg)	38	4.9
6	Sodium	(mg)	18.8	2.4
7	Protein Content	(%)	7.38	0.96
8	Carbohydrate Content	(%)	48.4	6.3
9	Sucrose Content	(%)	0.28	0.04

## Cardmom Tea Economy



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Moisture Content	(%)	0.76	0.099
2	Fat Content	(%)	0.16	0.021
3	Saturated Fat	(%)	0.14	0.018
4	Trans Fat	(%)	Traces	Nil
5	Cholesterol	(mg)	52	6.8
6	Sodium	(mg)	20	2.6
7	Protein Content	(%)	7.34	0.95
8	Carbohydrate Content	(%)	44.8	5.82
9	Sucrose Content	(%)	7.46	0.97

## Ginger Tea



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Energy Value	(K.Cal)	528.6	68.72
2	Total fat	(%)	0.15	0.02
3	Carbohydrate Content	(%)	46.48	6.04
4	Protein Content	(%)	7.92	1.03
5	Sodium	(mg)	18.2	2.4
6	Dietary Fiber	(%)	1.28	0.17
7	Sucrose Content	(%)	8.26	1.704
8	Vitamins & Minerals	(mg)	Traces	Traces

## Masala Tea



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Energy Value	(K.Cal)	540.2	70.22
2	Sodium	(mg)	180	23.4
3	Carbohydrate Content	(%)	71.24	9.26
4	Sucrose Content	(%)	67.82	8.82
5	Vitamin C	(mg)	58	7.54

## Lemon Tea



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Energy Value	(K.Cal)	540.2	70.22
2	Sodium	(mg)	180	23.4
3	Carbohydrate Content	(%)	71.24	9.26
4	Sucrose Content	(%)	67.82	8.82
5	Vitamin C	(mg)	58	7.54

## Lemon Grass Ginger



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Energy Value	(K.Cal)	540.2	70.22
2	Sodium	(mg)	180	23.4
3	Carbohydrate Content	(%)	71.24	9.26
4	Sucrose Content	(%)	67.82	8.82
5	Vitamin C	(mg)	58	7.54

## Milk



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Total Fat Content	(%)	0.28	0.036
2	Saturated Fat	(%)	0.20	0.026
3	Polyunsaturated Fat	(%)	0.08	0.01
4	Monounsaturated Fat	(%)	Nil	Nil
5	Protein Content	(%)	8.74	1.14
6	Carbohydrate Content	(%)	56.6	7.38
7	Sucrose Content	(%)	16.6	2.16
8	Sodium	(mg)	58	7.54
9	Potassium	(mg)	5.8	0.75
10	Cholesterol	(mg)	32	4.16

## Milk (Low Sugar)



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Total Fat Content	(%)	0.24	0.031
2	Saturated Fat	(%)	0.19	0.025
3	Polyunsaturated Fat	(%)	0.05	0.007
4	Monounsaturated Fat	(%)	Nil	Nil
5	Protein Content	(%)	8.06	1.05
6	Carbohydrate Content	(%)	51.6	6.71
7	Sucrose Content	(%)	4.64	0.60
8	Sodium	(mg)	44	5.72
9	Potassium	(mg)	5.2	0.68
10	Cholesterol	(mg)	22	2.86

## Milk Cardmom



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Total Fat Content	(%)	0.24	0.031
2	Saturated Fat	(%)	0.19	0.025
3	Polyunsaturated Fat	(%)	0.05	0.007
4	Monounsaturated Fat	(%)	Nil	Nil
5	Protein Content	(%)	8.06	1.05
6	Carbohydrate Content	(%)	51.6	6.71
7	Sucrose Content	(%)	4.64	0.60
8	Sodium	(mg)	44	5.72
9	Potassium	(mg)	5.2	0.68
10	Cholesterol	(mg)	22	2.86



## Badam Drink



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Energy Value	(K.Cal)	480.2	62.4
2	Carbohydrate Content	(%)	67.5	8.77
3	Protein Content	(%)	9.46	1.23
4	Sodium	(mg)	110	14.3
5	Dietary Fiber	(%)	2.82	0.36
6	Sucrose Content	(%)	8.42	1.095
7	Vitamins	(mg)	Traces	Traces

## Chaco Drink



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Energy Value	(K.cal)	568.4	73.9
2	Carbohydrate Content	(%)	47.8	6.21
3	Protein Content	(%)	6.98	0.91
4	Sodium	(mg)	114	14.8
5	Potassium	(mg)	05	0.65
6	Sucrose Content	(%)	8.14	1.06
7	Vitamins	(mg)	Traces	Traces

## Malted Milk



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Saturated Fat	(%)	0.63	0.082
2	Trans Fat	(%)	Traces	Nil
3	Cholesterol	(mg)	28	3.6
4	Sodium	(mg)	46	06
5	Protein Content	(%)	9.26	1.20
6	Carbohydrate Content	(%)	69.4	9.02
7	Sucrose Content	(%)	46.3	6.02

## Tomato Soup



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Moisture Content	(%)	0.62	0.081
2	Fat Content	(%)	0.15	0.02
3	Saturated Fat	(%)	0.11	0.0145
4	Trans Fat	(%)	Traces	Nil
5	Cholesterol	(mg)	32	4.2
6	Sodium	(mg)	19.2	2.5
7	Protein Content	(%)	7.56	0.98
8	Carbohydrate Content	(%)	46.8	6.08
9	Sucrose Content	(%)	8.40	1.09

## Machow Soup



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Saturated Fat	(%)	0.63	0.082
2	Trans Fat	(%)	Traces	Nil
3	Cholesterol	(mg)	28	3.6
4	Sodium	(mg)	46	06
5	Protein Content	(%)	9.26	1.20
6	Carbohydrate Content	(%)	69.4	9.02
7	Sucrose Content	(%)	46.3	6.02

## Green Tea



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Moisture Content	(%)	0.62	0.081
2	Fat Content	(%)	0.15	0.02
3	Saturated Fat	(%)	0.11	0.0145
4	Trans Fat	(%)	Traces	Nil
5	Cholesterol	(mg)	32	4.2
6	Sodium	(mg)	19.2	2.5
7	Protein Content	(%)	7.56	0.98
8	Carbohydrate Content	(%)	46.8	6.08
9	Sucrose Content	(%)	8.40	1.09

## Green Tea Ginger



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Saturated Fat	(%)	0.63	0.082
2	Trans Fat	(%)	Traces	Nil
3	Cholesterol	(mg)	28	3.6
4	Sodium	(mg)	46	06
5	Protein Content	(%)	9.26	1.20
6	Carbohydrate Content	(%)	69.4	9.02
7	Sucrose Content	(%)	46.3	6.02

## Green Tea Cardmom



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Moisture Content	(%)	0.62	0.081
2	Fat Content	(%)	0.15	0.02
3	Saturated Fat	(%)	0.11	0.0145
4	Trans Fat	(%)	Traces	Nil
5	Cholesterol	(mg)	32	4.2
6	Sodium	(mg)	19.2	2.5
7	Protein Content	(%)	7.56	0.98
8	Carbohydrate Content	(%)	46.8	6.08
9	Sucrose Content	(%)	8.40	1.09

## Green Tea Lemon Grass



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Saturated Fat	(%)	0.63	0.082
2	Trans Fat	(%)	Traces	Nil
3	Cholesterol	(mg)	28	3.6
4	Sodium	(mg)	46	06
5	Protein Content	(%)	9.26	1.20
6	Carbohydrate Content	(%)	69.4	9.02
7	Sucrose Content	(%)	46.3	6.02

## Green Tea Lemon



### Nutritional Facts:

S.No.	Parameters	Units	(100gm)	(13gm)
1	Moisture Content	(%)	0.62	0.081
2	Fat Content	(%)	0.15	0.02
3	Saturated Fat	(%)	0.11	0.0145
4	Trans Fat	(%)	Traces	Nil
5	Cholesterol	(mg)	32	4.2
6	Sodium	(mg)	19.2	2.5
7	Protein Content	(%)	7.56	0.98
8	Carbohydrate Content	(%)	46.8	6.08
9	Sucrose Content	(%)	8.40	1.09